



TEETHING

What Is It?

Teething is the eruption of the primary teeth in a young child. Children grow 20 teeth, typically between the ages of 3 months and 3 years.

It is NOT...

Contagious
A fever above 100.4 degrees
An excuse for a cold or viral infection
Vomiting, rash, cough, congestion, diarrhea

Typical Signs and Symptoms

Chewing
Excessive drooling
Sore or tender gums
Irritability or poor sleep
Slightly raised temperature

DO NOT USE

Amber teething necklaces
Homeopathic remedies
Gels with benzocaine
Teething tablets

**Let your child
chew on teething
toys**

**Give them frozen
teethers,
washcloths, or
cold food**

**Have them wear a
bib to collect the
drool**

**Use an over the
counter pain
reliever at night if
your doctor agrees**

RESOURCES

mayoclinic.org
healthychildren.org
mouthhealthy.org
fda.gov
webmd.com



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